

NUTRITION STATEMENT

The Juvenile menus proposed for Indiana DOC meet the nutritional guidelines of the American Correctional Association which are based upon the current Dietary Reference Intakes for juvenile males and females 13 to 19 years as established by the Food and Nutrition Board of the Institute of Medicine, National Academy of Sciences. A daily minimum of 2800 calories per day is offered to the general population. Adequate levels of protein, vitamin A, vitamin C, calcium, and iron are included



M.S., MBA, RD, LDN #86043735

M. SKOWRONSKI RD# 86043735

ARAMARK Correctional Services, LLC

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